

# Care today for a healthier tomorrow



Feeling healthy and happy?

**You should still see your doctor for regular health screenings.**

Even when you feel great, it's important to get preventive care. Health screenings can help find and stop health issues early, when treatment is most effective.

The screenings and immunizations you need change over the years. Regular check-ups make sure you're getting the care you need to stay healthy for years to come.

Visit [healthpartners.com/preventive](https://healthpartners.com/preventive) to find out what's recommended for you.

Schedule a preventive care appointment with your primary care doctor. If you don't have a doctor, log on to your *myHealthPartners* account at [healthpartners.com](https://healthpartners.com) to search for one. Or, download the **myHP** app to search for care on your smart phone

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