

ADRC EXPRESS

APRIL 2022



We are happy to announce that the ADRC Express is back in publication and will be released on a monthly basis. Here at the ADRC, we are your first stop to get accurate, unbiased information on all aspects of life related to aging or living with a disability. We are a welcoming place where you can go for information on a broad range of programs and services.

Stay connected and learn about services, resources and educational programming by liking our NEW Facebook page! Search ADRC of Douglas County, WI.

Providing older adults and people with physical disabilities or intellectual disabilities the resources needed to live with dignity and security, and achieve maximum independence and quality of life.



Did you hear the news?

The ADRC now employs a full-time Dementia Care Specialist (DCS). Chelsea Thompson supports people living with dementia and their caregivers in order to ensure the highest quality of life possible while living at home. She can provide free information and assistance to adults with memory or cognitive concerns, support to caregivers, and help to develop dementia-friendly communities where people with dementia can remain active and safe, and caregivers can feel supported. Call today to get more information on about educational programs and services that Chelsea provides!

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MEET THE ADRC TEAM!



Douglas County ADRC staff have over 29 years of combined experience serving older adults and adults with disabilities residing in Douglas County.

Pictured from left to right, back row, is Information & Assistance Specialist, Julie Hudecheck; Dementia Care Specialist, Chelsea Thompson; ADRC Director, Erika Johnson; Information & Assistance Specialist, Gino Franceschi. From left to right, front row, Disability Benefit Specialist, Kris Westerlund and Information & Assistance Specialist, Lexi Johnson.

UPCOMING EVENTS!

Powerful Tools for Caregivers
Tuesdays, May 3rd-June 7th
1:00 PM - 2:30 PM
Lew Martin Senior Center
1527 Tower Ave., Superior
Call Luann to register
715-394-3611

Learn valuable tools to reduce caregiver stress.

Caregiver Conversations
3rd Wednesday
of the month
1:00 PM - 2:00 PM
United Presbyterian Church
229 N 28th Street., Superior

Receive support from other caregivers to help you through your caregiving journey.

Government Center
1316 N 14th Street
Suite 327
Superior, WI 54880

CONTACT US TODAY!

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