

What Do These All Have in Common?



Answer: Holiday celebrations can increase the spread of COVID-19. Please continue to take actions to keep you and your family safe.

Reduce Your Risk

Any Holiday Celebration



Stay at least 6 feet away from others



Frequently wash hands

At Home



- Keep celebrations to immediate family
- Use other ways to include extended family

Traveling



- Wear a mask
- Limit the number of stops and interactions with others outside your immediate family

After the Holidays

If you were within 6 feet of other people during the holidays please consider a 7, 10, or 14 day self-quarantine.

14

- Stay home for 14 days
- Monitor symptoms
- Get tested if symptoms develop

OR

10

- Stay home for 10 days
- Monitor symptoms for full 14 days
- Isolated and get tested if symptoms develop

OR

7

- Stay home for 7 days
- Get tested on day 6 or 7
- Monitor symptoms for full 14 days
- Isolated and get tested if symptoms develop

- **Virtual schooling or remote work:** Help reduce outbreaks that can quickly spread.
- **Wear a mask:** Masks may help prevent people who have COVID-19 from spreading the virus to others.
- **Stay 6 feet away from others:** This reduces spread to others even if you are asymptomatic.

