










# HOW TO TRICK-OR-TREAT SAFELY DURING COVID-19

Douglas County Public Health is supportive of trick-or-treating with good community education around safe practices. Large events and gatherings are still not recommended at this time.

## FOR TRICK-OR-TREATERS, HOMEOWNERS, & PARENTS/GUARDIANS

-  Stay home if sick. DO NOT hand out treats or trick-or-treat if you are sick.
-  Trick or treat with people you live with. Household members go together.
-  Practice social distancing. Remain 6 feet apart from people not in your household. Limit the number of households you visit.
-  Kids (over age 2) and adults: Wear a face mask that covers BOTH your mouth and nose. Make a cloth mask part of the costume but don't wear a costume mask over a cloth mask. It can make breathing difficult.
-  Give treats outdoors when possible. Set up a station with individually bagged treats for kids to take or distribute treats using a method to avoid direct contact. Avoid having kids reach into a bowl. Be creative!
-  Have hand sanitizer available and use often. Wash or sanitize hands before preparing and handing out treats.
-  Avoid face to face interaction with high risk groups.

## ADDITIONAL TRICK-OR-TREATING SAFETY REMINDERS:

- ♦ Examine all treats and wash hands before eating.
- ♦ Avoid eating homemade treats made by strangers.
- ♦ Guide children to stay on the side of the road and walk on sidewalks when possible.
- ♦ Look both ways before crossing the street.
- ♦ Carry a flashlight at night and ensure children have reflective clothing.
- ♦ Wear well-fitting masks and costumes appropriate for weather that also avoid blocking vision.
- ♦ Homeowners can post a sign or use porch lights to indicate if they are participating in trick-or-treat activities.
- ♦ For more information visit the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/halloween.html>