

March 9, 2022

**EXTENSION EDUCATION & RECYCLING COMMITTEE**  
**Douglas County Board of Supervisors**  
**Wednesday, March 16, 2022, 1:00 p.m., Government Center, Boardroom 201**  
**1316 N. 14<sup>th</sup> Street, Superior, Wisconsin**  
**OR JOIN BY PHONE: (US) +1 424-286-1593 PIN: 182 221 383#**  
**OR VIDEO: <https://meet.google.com/pzx-osdp-hhy>**

**\*Due to COVID-19 concerns, members of the public may attend the meeting remotely.**

Please call the County Clerk's Office (395-1397) if you will not be able to attend.

**MEMBERS:** Sue Hendrickson, Chair      Michael Raunio, Vice Chair      Wendy Bong  
Mike Streveler      Kelly Peterson

**A G E N D A**

**(Committee to maintain a two-hour meeting limit or take action to continue meeting beyond that time.)**

1. Roll call.
2. Approval of December 15, 2021, meeting minutes (attached).
3. Reports:
  - (a) Recycling – A. Gronning;
  - (b) Extension (report attached):
    - (1) Area Extension Director – M. Pardee;
    - (2) FoodWise – J. Montgomery/T. Nichols;
    - (3) Human Development & Relationships – T. Henegar;
    - (4) 4-H and Youth Development – K. Stenroos.
4. Action items/referrals: Broadband resolution (attached).
5. Informational:
  - (a) Agriculture and Horticulture discussion with Heidi Johnson, Director of Agriculture Institute;
  - (b) Sharps recycling; and
  - (c) WEXA update – S. Hendrickson.
6. Future agenda items – next meeting date.
7. Adjournment.

cc: S. Nelson (Telegram)      UW-Extension Staff      Jennifer Barton (Recycling)      Sheldon Johnson  
County Board      Ann Doucette      Sue Sandvick      Ashtin Gonning

**NOTE: Attachments to agenda available in County Clerk's Office for viewing or copying, or on county's website [www.douglascountywi.org](http://www.douglascountywi.org)**  
Action may be taken on items on the agenda. The County of Douglas complies with the Americans with Disabilities Act of 1990. If you are in need of an accommodation to participate in the public meeting process, please contact the Douglas County Clerk's Office at (715) 395-1341 by 4:00 p.m. on the day prior to the scheduled meeting. Douglas County will attempt to accommodate any request depending on the amount of notice we receive. TOO (715)395-7521.

Posted: Courthouse, Government Center, Superior Public Library, [www.douglascountywi.org](http://www.douglascountywi.org)

 03/09/2022

Name

Date

**EXTENSION EDUCATION & RECYCLING COMMITTEE**  
**Douglas County Board of Supervisors**  
**Wednesday, December 15, 2021, 1:00 p.m., Government Center, Boardroom 201**  
**1316 N. 14<sup>th</sup> Street, Superior, Wisconsin**

Meeting called to order by Chair Hendrickson.

**ROLL CALL:** Present – Sue Hendrickson, Michael Raunio, Wendy Bong, Kelly Peterson. Absent – Mike Streveler. Others present – Ashley Vande Voorte, Mary Pardee, Tracy Henegar, Katie Stenroos, Julie Montgomery, Jane Anklam, Tara Nichols, Ashton Gronning (remote), Cheryl Westman, Committee Clerk.

**APPROVAL OF MINUTES:** Motion by Peterson, second Bong, to approve the September 22, 2021, meeting minutes. Motion carried.

**Reports:**

**Recycling – S. Johnson:** Ashton Gronning introduced, new Environmental Service Specialist, for Northwest Regional Planning. Continuing to monitor recycling program across the county; with containers removed at several locations due to the winter slow-down. Gronning reported sharps disposal available at Waste Management and Rural Eight Action Network in Duluth, MN. Plan to research disposal options for Superior, WI area as well.

**Extension (Written Report Distributed Prior to Meeting):**

**Area Extension Director – M. Pardee:** Pardee attended virtual conference on digital technology and rural broadband, continuing to work with counties and others to increase broadband access.

**Agriculture & Horticulture – J. Anklam:** Master Gardeners’ model revised to utilize volunteers in the community. Anklam retiring in March, 2022.

**FoodWise – J. Montgomery/T. Nichols:** Montgomery and Nichols worked on pilot program, “Wisconsin Harvest of the Month”, providing materials to schools and connected to their menu, serving seasonal foods.

**Human Development & Relationships – T. Henegar:** Really looking at 2022 to see what the needs are, how capacity can be expanded, and provide an entire year of scheduled programming up front so families know what is coming up. Behavioral Health highlighted.

**4-H and Youth Development – K. Stenroos:** One youth member attended the national 4H congress in Atlanta, Georgia; will follow-up with her on experience details. Advised that youth not allowed to attend 2022 Superior Days. Working on Youth in Governance Program in 2022.

**ACTION ITEMS/REFERRALS: 2022 Responsible Unit Administrative Contract NWRPC – Douglas County:** Reviewed. Same language as last five years – dates revised.

**ACTION:** Motion by Raunio, second Peterson, to recommend approval of 2022 RU Administrative Contract NWRPC and signing by Douglas County Administrator. Motion carried.

**INFORMATIONAL:**

**Agriculture and Horticulture Discussion – M. Pardee and J. Anklam:** Pardee advised that as educators are leaving and retiring, the state system is moving towards regional educators and specialists. Discussion about impact of specific agriculture educator loss to Douglas County, and detriment to local farmers. Vande Voorte reflected on importance of Anklam’s position in her work with the Land Conservation Department. Pardee to contact Institute Director and research options available and bring back to committee at future date.

**WEXA Update – S. Hendrickson:** No updates.

**Future Agenda Items:** Next meeting date is April 20, 2022.

**ADJOURNMENT:** Motion by Peterson, second Raunio, to adjourn. Motion carried. Meeting adjourned at 2:07 p.m.

Submitted by,

Cheryl Westman, Committee Clerk



# Extension

UNIVERSITY OF WISCONSIN-MADISON  
DOUGLAS COUNTY



## Douglas County Extension Education & Recycling Committee Report – March 16, 2022



**Area Extension Director**  
**Mary Pardee**

### Updates

- ▷ The Wisconsin Extension Association (WEXA), held a North Zone meeting on Jan. 27. WEXA is an organization for county supervisors and others who serve on county Extension oversight committees. It is facilitated by the Wisconsin Counties Association.
- ▷ The Lake Superior Collaborative has been awarded a Wisconsin Idea Internship Program summer intern to focus on accessible science communication.
- ▷ Jane Anklam is retiring after 12 years of service as the Douglas County Agriculture/Horticulture Educator. The office team is planning an open house celebration on March 24, 2-4 p.m. in Room 207C (courthouse). All are welcome to attend! \*Read a note from Jane at the end of this report.



**4-H Youth Development**  
**Katie Stenroos**

- ▷ Facilitated the second **4-H Annual Volunteer Training** which was titled, “Learn Together, Lead Together, Youth-Adult Partnerships.”
- ▷ Held the bi-monthly Douglas County **4-H Countywide Activity Night** in February, where 30 youth and their families came together for leading, learning and laughing time.
- ▷ Continuing the **4-H Afterschool** program, where youth learn about the basics of 4-H while engaging in science, technology, engineering, and art activities.
- ▷ Planning for summer programming including **day camps** and an overnight camp in partnership with Burnett County Extension.
- ▷ Serving on the statewide Virtual Learning Community by sharing virtual resources, access to content across Extension and **best youth development virtual practice**.

- ▷ Reviewing and using data collected from the WI 4-H Thriving Survey to analyze the Douglas County 4-H programs. During the fall of 2021, Douglas County 4-H youth were surveyed on their 4-H experiences. The data has been compiled and a short piece is shared in a **4-H Program Quality scoresheet attached**.
- ▷ Continuing education by participating in the “Learning Community for Inclusive Organizational Citizenship” which is a learning cohort for Extension colleagues to dig deeper into how we foster a **culture of equity and belonging** in our program work.



**FoodWise**  
**Julie Montgomery & Tarah Nichols**

- ▷ Finished **nutrition education in 3rd and 5th grade classrooms** at Bryant, Cooper, Lake Superior, Northern Lights and Solon Springs Elementary schools, starting 4th grade classes.
- ▷ All 3<sup>rd</sup> grade students received high quality **water bottles** to reinforce the importance of drinking water. See our water bottle sample and the third graders thank you notes outside of the Extension office.
- ▷ Harvest of the Month vegetables were sweet potatoes and white potatoes. All grade levels in four elementary schools are provided **Harvest of the Month materials** monthly. They receive cafeteria and classroom posters, teacher activity guides with names of featured produce in different languages, its history, books to read, a monthly take home family activity all coinciding with foods served on the school menu.  
<https://healthyliving.extension.wisc.edu/programs/harvest-of-the-month/>
- ▷ We are in our second 6-week session with **Family Resource Center** parents meeting at Northern Lights Elementary using a curriculum for families exploring how adverse childhood experiences (ACEs) affect our relationship

with food, teaching about food labels, sugar, feeding young children, saving money on food and healthy family meals.

▷ Providing **Strong Bodies classes** online via Zoom for residents of Ashland, Bayfield, Douglas and Iron Counties, T/TH 9-10:20 AM, through early March.

▷ Applied for three **Growing Together WI grants** to fund Oakes Avenue, Parkland, and Solid Rock Community Gardens. Awards given mid-March funded through September. New this season: FoodWise Coordinators will supervise Master Gardener Volunteers.

▷ Planning for **Teen Cuisine cooking class** for middle school students, providing eight two-hour sessions following summer school sessions at SMS.

▷ Scheduling for **teaching 1<sup>st</sup> grade** through the end of the year.

▷ Planning an April Strong Bodies facilitator training in Neillsville.

▷ Planning the **FoodWise 2023 grant** with partnering agencies, due mid-April. Our Douglas County funding remains at \$160,000.



Some letters of appreciation from 3<sup>rd</sup> graders!

## Human Development & Relationships Tracy Henegar

Programs center around strengthening individual and family well-being, with a primary focus on healthy relationships.

▷ **Mental Health First Aid (MHFA) / Youth Mental Health First Aid (YMHA)** - an evidence-based 8-hour skills-based training course that teaches adult participants about mental health and substance-use issues, utilizing a newly updated virtual curriculum, vMHFA/vYMHA. Based on community needs/demand, this program continues to be a priority initiative, continuing with virtual offerings and beginning to return to some in-person programming, as well.

- Co-facilitated 5 YMHA:
  - 1 in partnership with UW-Superior reaching 21 local community participants
  - 1 for the Northwestern School District, reaching 18 district staff
  - 1 for the Birchwood School District, reaching 13 district staff
  - 2 Statewide offerings, reaching 29 participants across the state
- Co-facilitated 1 MHFA for the Bad River Tribe reaching 6 community members

▷ **Triple P – Positive Parenting Program**® - an evidence-based parenting and family support system designed to prevent problems in the family before they arise and to create family environments that encourage children to realize their potential - a collaboration with Ashland, Bayfield, Crawford, and Winnebago County Extensions.

- In collaboration with partners, planned a 2022 calendar of ongoing programming for both 0-12 & Teen classes to be offered on a regular basis, as well as a March pilot of the 5-week series on **Family Transitions Triple P - Positive Parenting Program**® for parents who are experiencing personal distress from separation or divorce, which is impacting on or complicating their parenting.
- Co-facilitating **0-12 Seminars & Discussion Groups and Teen Seminars & Discussion Groups** on an ongoing basis

▷ **The Literacy Link** - an evidence-informed literacy program that fosters healthy family relationships by promoting positive, literacy-focused interactions between children and their justice-involved parents and caregivers that extend into the home.

- Presented to the Douglas County Health & Human Services on the opportunity to bring Literacy Link programming to local justice involved families who are experiencing separation from their children with a goal of reunification.

### ▷ Other

- Partnering to develop a series of Children's Mental Health workshops on **Coping with Stress & Anxiety** to be offered in person and virtually to reach the broadest audience
- Participated in Essentia Health Community Needs Assessment action planning for **Adult Mental Health and Wellbeing**
- Partnering with Lake Superior Community Health to develop a series of workshops on **Farm Stress** for April 2022
- Continuing systems change work with the Douglas County Mental Health CCR on **Crisis Access Response & Engagement (CARE)**

- Coordinating stakeholder exploratory meeting on the implementation of a new **Handle with Care** initiative throughout Douglas County
- Facilitated monthly **Coffee Talk** parenting classes for Family Forum Head Start
- Facilitated 3-week series on **Coping with Stress** for Superior Family Resource Center
- Partnering with DC Health Department and the Superior Family Resource Center to provide outreach to new parents utilizing the **Just In Time Parenting newsletter**
- Partnering with Family Forum, the Superior Family Resource Center and the Superior Library to distribute **Parenting the Preschooler and Money Smart in Head Start** parenting newsletters

▷ **Professional Development**

- Attended webinar on Trauma-Informed Criminal Justice practices
- Participating in Extension statewide learning collaborative on Trauma Informed Care
- Participating in a webinar series on Building a National Movement to Prevent Trauma and Foster Resilience
- Attended a 3-day Extension All Colleague Professional Development Virtual Conference
- Attended a webinar on teen Mental Health First Aid to prepare for local implementation
  - Participating in statewide monthly WeCOPE Community of Practice



**Office/Media Associate**  
**Ellen Chicka**

- ▷ Submit invoices/payments to county for payment/receipt.
- ▷ Completed and distributed February and March HCE (Home & Community Education) newsletter.
- ▷ Completed 4-H Winter Newsletters, flyers for events, approve any new student registrations on the 4-H online system.
- ▷ Participated in 4-H webinar on county reporting, using 4-H online system.
- ▷ Worked with Human Development and Relationships educator to create flyers, social media posts and registrations for Triple P 2022 schedule and Winter Parenting classes, Triple P Family Transitions, Farmers Toolkit for well being classes.
- ▷ Continuing updates on Extension website and social media posts.
- ▷ Updating e-lists and creating new email blasts on UW EMMA system, training for EMMA.
- ▷ Worked with FoodWise to update flyer for Strong Bodies, articles for Senior Connections newsletter.
- ▷ FoodWise-Harvest of the Month information-assembled packets for schools, shared social media posts.
- ▷ Purging old office files and paperwork.



**Extension**

UNIVERSITY OF WISCONSIN-MADISON  
DOUGLAS COUNTY

715-395-1363

[douglas.extension.wisc.edu](http://douglas.extension.wisc.edu)

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Call or email to reach us. You can reach any staff members via email using the format **firstname.lastname@wisc.edu**.

**Douglas County Recycling & Extension Ed. Committee**

Sue Hendrickson, Chair

Wendy Bong

Michael Raunio, Vice-Chair

Mike Streveler

Kelly Peterson



## Agriculture and Horticulture Jane Anklam

From the bottom of the clay soils to the top of the sand barrens and the Continental Divide that in between, thank you for allowing me to serve you as the Douglas County, UW - Madison, Division of Extension Agriculture and Horticulture Educator these past 12 years.

What I have learned:

- Agriculture land use is defined by those that farm it.
- Making a profit can be measured in dollars and cents, but never by money alone.
- Invasive plants do not necessarily arrive here from southern Wisconsin, but often Upper Michigan or our international Port of Superior.
- Brute strength is not the only way to pull a soil sample.
- "Warmer by the Lake" translates to one big reason agriculture has existed for hundreds of years along Lake Superior.
- If you want to grow peaches up here, go for it.
- Horticulture is the art and science of growing plants, and so much more in solving tough human and environmental problems.
- Local food happens. We must eat.
- Wetlands and livestock manure are our friends.

I could go on...

However, what makes me most proud of my work in Douglas County is together; farmers, homeowners, green industry, local food businesses elected officials and agency staff have connected UW Madison College of Agriculture research to far northwest Wisconsin. What we learned has been shared throughout the state under the act of the **Wisconsin Idea**. So many farmers and growers have participated in that research, making agriculture stronger.

I have enjoyed working across Wisconsin with farmers, agriculture businesses, horticulture, local food, and conservationists during my 40-year career. My understanding and appreciation would not be complete without experiencing agriculture and horticulture in Douglas County. Thank you for working so hard and sharing your knowledge so freely.

I will continue to be interested and engaged in what shapes agriculture in Wisconsin, particularly in the north. I am always happy to meet for coffee and conversation!

*"Of all the paths you take in life, make sure a few of them are dirt."*  
- John Muir (as shared with me by Ashley Vande Voort)

Sincerely,

Jane Anklam



## 4-H Thriving Model – Program Quality Scores Douglas County - 2021

The 4-H Thriving Model predicts that youth who participate in 4-H programs that provide a high-quality developmental context will thrive, and thriving youth achieve key developmental outcomes.

To determine scores for Program Quality, youth members age 13 and up were invited to take an online survey asking them questions about their 4-H experience. The survey was developed by Mary Arnold, Oregon State University and Ryan Gagnon, Clemson University. Wisconsin served as a pilot state for administering the survey in 2020 & 2021.

After analyzing data, the scores are provided which assess each component of the model on a scale of 1-7, 7 meaning outstanding program quality.

5.9

### Youth Sparks

The Youth Sparks outcome measures how 4-H programs give youth opportunities to explore topics they are interested in learning about, passionate about, engaged with.

5.9

### Challenging Growth

Challenging Growth outcome measures the extent to which adults in the program help youth to see new possibilities, push them to reach higher and hold them accountable.

6.5

### Youth Belonging

This outcome measures how safe, welcome and supported youth feel in 4-H programs

6.1

### Youth-Adult Partnerships

This outcome measures how youth feel about adult volunteers working with them and if they feel respected, listened to and have their ideas taken seriously.

6.0

### Caring Adults

This outcome measures how youth feel the adults in their 4-H programs care about them and investing time in youth.

6.1

### Program Quality Overall Score

### Implications:

The data suggests that the program quality in Douglas County 4-H is good, and there is room to grow. The lower score for Youth Sparks is not surprising – Sparks are tied to the opportunities to learn new things (projects) and develop an interest in a topic/project. We will be working on ways to offer more project-based learning for members. The high Youth Belonging score is promising, showing us that youth feel that the 4-H program is a good fit for them. Caring adults is also a strong number, with room for growth. I will be looking at ways to recruit more volunteers and offering more training on creating a safe and caring environment for youth. Since this was the first year for this survey, this is a good benchmark for future analysis.

RESOLUTION # \_\_\_\_  
RESOLUTION BY SUPERVISORS ON THE  
EXTENSION, EDUCATION AND RECYCLING COMMITTEE

Subject: Broadband Study

WHEREAS, access to broadband is critical for Wisconsin communities in the 21<sup>st</sup> century as it is linked to better business performance, increased entrepreneurship, higher home values, improved educational outcomes, enhanced health (mental and otherwise) outcomes and higher worker productivity, and

WHEREAS, despite these benefits, access to high quality broadband is limited in many communities throughout Wisconsin, and

WHEREAS, current internet access maps show a greater number of rural Douglas County residents sorely lacking in the critical internet connectivity needed for them to thrive, and

NOW, THEREFORE, BE IT RESOLVED that the Douglas County Board of Supervisors accepts the recommendation of the Extension, Education and Recycling Committee and authorizes that committee to gather information, support education, funnel resources and devise a plan to help increase the connection of Douglas County residents to accessible and affordable internet services.

BE IT FURTHER RESOLVED that a preliminary report be submitted within one year after the Extension, Education and Recycling Committee begins this study.